

# Exposition and Benediction of the Blessed Sacrament



**CATHOLIC PARISHES OF BOREHAMWOOD**

# Exposition

The minister exposes the Blessed Sacrament while a hymn is sung, during which he incenses the Sacrament. The following or another hymn may be sung:

*O salutaris Hostia  
Quae coeli pandis ostium:  
Bella premunt hostilia,  
Da robur, fer auxilium*

*Uni trinoque Domino  
Sit sempiterna gloria,  
Qui vitam sine termino  
Nobis donet in patria. Amen.*

# Adoration

A time for silent prayers, readings from Scripture, litanies or other prayers and hymns may be used. On some occasions, the Prayer of the Church might be said or sung.

# Benediction

Towards the end of the exposition, the priest or deacon goes to the altar, genuflects and kneels. Then this hymn or a suitable alternative is sung, during which the minister incenses the sacrament.

*Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Praestet fides supplementum  
Sensuum defectui.*

*Genitori, Genitoque  
Laus et iubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio. Amen.*

**Priest/Deacon: You gave them Bread from heaven**  
(P.T. Alleluia)

**Priest/Deacon: Containing in itself all sweetness**  
(P.T. Alleluia)

**Let us pray:**

The minister then says one of the following prayers (or a suitable alternative).

Lord our God, you have given us the True Bread from Heaven. In the strength of this food may we live always by your life and rise in glory on the last day. We ask this through Christ our Lord. (Amen.) *or*

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, forever and ever. (Amen.) *or*

Lord our God, in this great sacrament, we come into the presence of Jesus Christ, your Son. Born of the Virgin Mary and crucified for our salvation. May we who declare our faith in this fountain of love and mercy. Drink from it the water of everlasting life. We ask this through Christ our Lord. (Amen.)

The priest or deacon now puts on the hemeral veil and blesses the congregation with the Blessed Sacrament. When the priest or deacon has blessed everyone he then replaces the Blessed Sacrament in the tabernacle and genuflects.

# The Divine Praises

The following acclamation may be said at this time. This acclamation is called the Divine Praises.

Blessed be God.

Blessed be his holy name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most holy sacrament of the altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, virgin and Mother.

Blessed be St. Joseph, her spouse most chaste.

Blessed be God in his angels and in his saints.

Amen.

## Reposition

While the Blessed Sacrament is reposed in the tabernacle, the following may be sung.

O sacrament most holy,  
O sacrament divine  
All praise and all thanksgiving  
be every moment thine!