

Evening Prayer

Week 1: Friday

from the Liturgy of the Hours



CATHOLIC PARISHES OF BOREHAMWOOD

Evening Prayer

Leader: [All make sign of the cross.] O God, come to our aid.

All: O Lord, make haste to help us.

Leader: Glory be to the Father and to the Son
and to the Holy Spirit,

All: as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Hymn

The hymn may be sung or recited.

All: When God made man, he gave him all the earth,
All growing things, with every bird and beast;
Then Adam named them at the Lord's command,
Subdued the greatest of them, and the least.

In his own image God created man,
And when from dust he fashioned Adam's face,
The likeness of his only Son was formed:
His Word incarnate, filled with truth and grace.

To God the Father and to Christ his Son
And blessed Spirit heaven and earth give praise.
Creation with tremendous voice cries out:
All holy is the mighty Lord of Days.

Psalm 40 (41)

Leader: Lord, heal my soul, for I have sinned against you.

Left: Happy the man who considers the poor and the weak.
The Lord will save him in the day of evil,

will guard him, give him life, make him happy in the land
and will not give him up to the will of his foes.
The Lord will help him on his bed of pain,
he will bring him back from sickness to health.

Right: As for me, I said: ‘Lord, have mercy on me,
heal my soul for I have sinned against you.’
My foes are speaking evil against me.
‘How long before he dies and his name is forgotten?’
They come to visit me and speak empty words,
their hearts full of malice, they spread it abroad.

Left: My enemies whisper together against me.
They all weigh up the evil which is on me.
‘Some deadly thing has fastened upon him,
he will not rise again from where he lies.’
Thus even my friend, in whom I trusted,
who ate my bread, has turned against me.

Right: But you, O Lord, have mercy on me.
Let me rise once more and I will repay them.
By this I shall know that you are my friend,
if my foes do not shout in triumph over me.
If you uphold me I shall be unharmed
and set in your presence for ever more.

Left: Blessed be the Lord, the God of Israel
from age to age. Amen. Amen.

Right: Glory be to the Father and to the Son
and to the Holy Spirit,

Left: as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

All: Lord, heal my soul, for I have sinned against you.

Psalm 45 (46)

Leader: The Lord of hosts is with us; the God of Jacob is our stronghold.

Left: God is for us a refuge and strength,
a helper close at hand, in time of distress,
so we shall not fear though the earth should rock,
though the mountains fall into the depths of the sea;
even though its waters rage and foam,
even though the mountains be shaken by its waves.

Right: The Lord of hosts is with us:
the God of Jacob is our stronghold.

Left: The waters of a river give joy to God's city,
the holy place where the Most High dwells.
God is within, it cannot be shaken;
God will help it at the dawning of the day.
Nations are in tumult, kingdoms are shaken:
he lifts his voice, the earth shrinks away.

Right: The Lord of hosts is with us:
the God of Jacob is our stronghold.

Left: Come, consider the works of the Lord,
the redoubtable deeds he has done on the earth.
He puts an end to wars over all the earth;
the bow he breaks, the spear he snaps.
He burns the shields with fire.
'Be still and know that I am God,
supreme among the nations, supreme on the earth!'

Right: The Lord of hosts is with us:
the God of Jacob is our stronghold.

Left: Glory be to the Father and to the Son
and to the Holy Spirit,

Right: as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

All: The Lord of hosts is with us; the God of Jacob is our stronghold.

Canticle: Apocalypse 15

Leader: All the peoples will come and adore you, Lord.

Left: Great and wonderful are your deeds,
O Lord God the Almighty!
Just and true are your ways,
O King of the ages!

Right: Who shall not fear and glorify your name, O Lord?
For you alone are holy.
All nations shall come and worship you,
for your judgements have been revealed.

Left: Glory be to the Father and to the Son
and to the Holy Spirit,

Right: as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

All: All the peoples will come and adore you, Lord.

Reading: Romans 15:1-3

We who are strong have a duty to put up with the qualms of the weak without thinking of ourselves. Each of us should think of his neighbours and help them to become stronger Christians. Christ did not think of himself: the words of scripture apply to him – the insults of those who insult you fall on me.

Short Responsoy

Leader: Christ loved us and has washed away our sins with his blood.

All: Christ loved us and has washed away our sins with his blood.

Leader: He has made us a line of kings, priests to serve God.

All: Christ loved us and has washed away our sins with his blood.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: Christ loved us and has washed away our sins with his blood.

Magnificat

Leader: The Lord has come to help us, his servants: he has remembered his mercy.

All: [All make sign of the cross.] My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Lord has come to help us, his servants: he has remembered his mercy.

Prayers and intercessions

Leader: God is our loving Father, who cares for us and knows all our needs. With confidence we pray:

All: Father, may we find rest in your love.

Leader: Christ, your Son, suffered and died for the Church;
be with all Christians who are suffering tonight.

All: Father, may we find rest in your love.

Leader: Bring to the sick your comfort and healing;
strengthen them through the victory of Calvary.

All: Father, may we find rest in your love.

Leader: Be near to us, almighty Father,
for you alone can save us from the evils that threaten us.

All: Father, may we find rest in your love.

Leader: Strengthen us in the hour of death:
let us know your peace.

All: Father, may we find rest in your love.

Leader: Bring the dead into your light:
comfort them with your presence.

All: Father, may we find rest in your love.

Our Father

Leader: Let us pray together

All: Our Father, who art in heaven ...

Closing Prayer

Leader: Lord God,
teach us the lessons of your Son's Passion,
and so enable us, your people,
to bear the yoke he makes light for us.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

All: Amen.

Leader: [All make sign of the cross.] The Lord bless us, and keep us from
all evil, and bring us to everlasting life.

All: Amen.